

**To Kaiser Permanente
Review of Dr. Apnt with Dr. Siegel by phone
Monday February 17, 2025**

This is meant to be illustrative but not all inclusive.

Since December 2023, there have been a few pluses and some negatives. So I will total it out to 1% (one percent) as my review of Kaiser care. On a scale of minimum to maximum, I am getting bare minimum.

“The patient has a medical condition that limits his major life activities. As a result of his disability, he occasionally experiences episodes of disorientation and dizziness, balance issues, and trouble maintaining body fluids. Providing the housing services requested will help reduce their feelings of anxiety, not receiving mail or deliveries because of a lack of working Intercom and anxiety felt when not being able to park his vehicle in the secured area.” Dr. Marcus Tellez. 4/12/2023.

The letter from Dr. Marcus Tellez has been ignored by all Kaiser doctors. It was not mentioned by Dr. Siegel today. Having been a patient of Kaiser in 2007, and forward, some of my ailments have worsened.

A Kaiser therapist has mentioned for the record my anxiety. That was not discussed by Dr. Siegel today.

To the portal, there is a January 4 2025 overview of my conditions, a January 7, 2025 review of my Physical Therapy visit, a January 29, 2025 to the portal on neurological conditions that cause dizziness, a 1/30/25 portal submission on neurology (I copy below), a February 10, 2025 discussion of sleep inertia, a Feb. 13, 2025 to portal setting agenda issues for next Dr. Siegel appnt. Most of these documents and issues were not touched on by Dr. Siegel, which leads me to believe he never read them intentionally.

From the February 13, 2025 list of continuing issues is balance, need for letters requesting reasonable accommodations, questions about the brain, MRI, questions about their heart, echo, anxiety, where are my medical records that were given to the nurse for Kaiser, ENG test request, VNG test request, test for anxiety, a posturography test; out of this, the only issues

addressed today were brain MRI, heart ECHO. The doctor is recommending I see a heart specialist and also wear another heart monitor.

That sounds like negligent care to me. Lack of competence.

Brain atrophy was not discussed.

My request for Kaiser activity restriction or limitation form was not discussed.

My wheelchair was not discussed although I mentioned it. "A wheelchair is a disability-assistive device that helps people with mobility disabilities move around. The Americans with Disabilities Act (ADA) requires that businesses and government facilities allow people to use wheelchairs in areas open to the public." Source: Google.

I mentioned to the Doctor brain fog upon awakening that goes away after about 2 hours.

We briefly talked about the MRI. I had done one about two years ago non Kaiser. But the doctor felt that that MRI was too old. So he is requesting that I do another MRI of the brain. I questioned that if there was no real analysis of the MRI DVD videos of two years ago, and presumably my condition has not changed substantially from that time, then I questioned the need for a new MRI if it's not going to address any new issues. The doctor felt that white matter, brain disease, even though I felt it could cause balance issues, was minor. Another reasons not to do another one. He commented on the summary of the brain MRI but I do not believe he looked at the DVD slides. The brain atrophy was not addressed. Siegel did not recommend that a brain specialist be seen.

He mentioned the MRI of the neck area. He admitted only one test was done by the neurologist. I mentioned that ENT and Physical Therapy did not do any tests. I mentioned that I have fallen five times this month but only one time December 2024. I was in the wheelchair three times when I fell over.

Siegel wants me to see a heart specialist. This leads me to believe that no one thus far has been qualified to rule out conditions since for in fact I have not seen the heart specialist. Siegel reviews my episodes of falling but these

have been well documented over the year in the portal by me in writing which makes me think these issues were intentionally ignored. He preferred in person appointment but I chose the Zoom/phone appnt because it was the earliest one available.

I am not confident that Kaiser has not done enough tests. He said he does not need the DVD images because he is not a radiologist. He said he was looking at memory loss issues. I don't remember having mentioned memory loss problem.

The doctor spoke of the PSA levels and how it was going with the Urologist. From questions like that, I surmise that the Doctor is not reading my communications to the portal or the urologist communications to me thru the portal. I spoke of my incontinence issues. The doctor had available my incidents where the bladder was blocked and I had to go to emergency. Siegel seem particularly perturbed, as Dr. Barsanti was also, that I was hesitant and needing more time to decide to do a biopsy for the prostate. I said, "I would like to weigh my options and be prepared because it is something I have never done before. (The urologist had said he might nick an organ and cause excessive bleeding that might cause hospitalization. IMO I could also die also.) Siegel said "I don't understand the thought process here of not wanting to do the biopsy--". My measured response was "It is a path-- a medical path-- that I have never gone down before. It is not known to me. I have to be mentally and physically prepared for that. It may be a simple decision to you because you are a doctor, but you are not the patient. You may be familiar with that trip or journey, but I am not." I am not surprised that Kaiser doctors are vehemently pushing the biopsy, but knowing full well that the MRI is shown to be more accurate than the biopsy, and the MRI is often used to prevent having to use a biopsy. But of course no one at Kaiser is willing to admit that. The proof is in the pudding. And of course you have to start with doctors that are correct, truthful, and professional.

I just feel like for the length of time since last January 2024 that I've been again at Kaiser doctors, I just feel there has not been enough testing that would be relevant to what my symptoms are. Ample time.

No mention by Siegel of need for physical therapy even though I have a history of a concussion and coma.

The fact that no Kaiser doctor has ever discussed or recognized the letter from 4/12/2023 from Doctor Marcus Tellez tells me 99% of all I need to know about Kaiser care. The neurologist, for example, does not seem to have a clue what neurology is.

Geary J. Johnson
February 17, 2025 to Kaiser Portal

January 30, 2025 to Kaiser portal

What neurological test did Dr. Rivas do regarding epilepsy?

When did Dr. Rivas request my neurology related medical records from Cedar Sinai?

What was Dr. Rivas review of my medical records from Cedar Sinai?

I believe Dr. Rivas did an MRI of the spine and neck area. Is it possible that the arthritis can be causing the balance issues?

How did Dr. Rivas determine that the arthritis is not a neurological cause for the equilibrium issues?

Cerebrovascular disease is the most common neurological condition leading to wheelchair use (25% of wheelchair users have had a stroke). And many other people with neurological disorders spend time in a wheelchair: for example, those with spinal injuries, multiple sclerosis, polio and muscular dystrophy.

How did Dr. Rivas examine Neurological disorders that can lead to wheelchair use?

Sources: <https://www.pointperformance.com/services-2/treatment-areas-2/arthritis-and-neurological-conditions/>